NAR-ANON FAMILY GROUPS

Information About Narateen for the Professional

Narateen is a part of the worldwide fellowship of Nar-Anon Family Groups, a twelve step program for those affected by someone else's addiction. Narateen provides support and hope to teens whose lives have been affected by a relative or friend's drug abuse.

Narateen is designed for teens who have friends, loved ones or family members suffering from the disease of addiction. In Narateen, teens learn that addiction is a disease. They are not responsible for the actions of the addict. Through group meetings, teens learn from each other effective ways of coping, while at the same time gaining some peace of mind and hope for a better way to live.

Narateen meetings are registered with the World Service Office (WSO) of Nar-Anon Family Groups Headquarters, Inc. and facilitated by experienced Nar-Anon members. There are no charges or obligations. As this is an anonymous program, only first names are used. Because everything said in a meeting is held in confidence, members are free to say what is on their minds and in their hearts. Narateen members help one another by sharing their experience, strength, and hope.

For questions about Narateen contact: narateen@nar-anon.org

To find a Narateen meeting: https://www.nar-anon.org/find-a-narateen-meeting

Form provided by:
Nar-Anon Family Group Headquarters, Inc.
23110 Crenshaw Blvd., Suite A
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