If someone you love has a drug problem...

Do you find yourself making excuses, lying or covering up for someone? Are your suspicions turning you into a detective and are you afraid of what you may find?

Is it becoming difficult for you to believe his/her explanations?

If it is your spouse, is he/ she missing work and leaving bills to pile up?

Do you have a reason not to trust this person?

If it is your child, is he/ she missing school often without your knowledge?

Do you lie awake worrying about this person?

Are you cancelling your social functions with vague excuses?

Do you keep trying to make things better and nothing helps? Are you asking yourself, "What's wrong?" and "Is it my fault?"



Nar-Anon World Services 23110 Crenshaw Blvd. Suite A Torrance CA 90505 800-477-6291 www.nar-anon.org

(Excerpts from P-105)

Nar-Anon Offers Hope www.nar-anon.org													
www.nar-anon.org	www.nar-anon.org	www.nar-anon.org	www.nar-anon.org										
(800) 477-6291	(800) 477-6291	(800) 477-6291	(800) 477-6291	(800) 477-6291	(800) 477-6291	(800) 477-6291	(800) 477-6291	(800) 477-6291	(800) 477-6291	(800) 477-6291	(800) 477-6291	(800) 477-6291	(800) 477-6291

If someone you love has a drug problem...

Do you find yourself making excuses, lying or covering up for someone? Are your suspicions turning you into a detective and are you afraid of what you may find?

Do you have a reason not to trust this person?

If it is your child, is he/ she missing school often without your knowledge? If it is your spouse, is he/ she missing work and leaving bills to pile up?

Is it becoming difficult for you

to believe his/her explanations?

Are you cancelling your social functions with vague excuses?

Do you lie awake worrying about this person?

Do you keep trying to make things better and nothing helps? Are you asking yourself, "What's wrong?" and "Is it my fault?"



Nar-Anon World Services 23110 Crenshaw Blvd. Suite A Torrance CA 90505 800-477-6291 www.nar-anon.org

(Excerpts from P-105)

Nar-Anon Offers Hope www.nar-anon.org													
www.nar-anon.org	www.nar-anon.org	www.nar-anon.org	www.nar-anon.org	www.nar-anon.org	www.nar-anon.org								
(800) 477-6291	(800) 477-6291	(800) 477-6291	(800) 477-6291	(800) 477-6291	(800) 477-6291	(800) 477-6291	(800) 477-6291	(800) 477-6291	(800) 477-6291	(800) 477-6291	(800) 477-6291	(800) 477-6291	(800) 477-6291

t someone **VOU** 0 0 0 drug

yourself making or covering up excuses, lying for someone? Do you find

> Are your suspicions turning you into you may find? afraid of what and are you a detective

reason not to trust Do you have a this person?

problem...

to believe his/her explanations?

If it is your spouse, is he/

leaving bills to pile up?

she missing work and

it becoming difficult for you

without your knowledge? she missing school often If it is your child, is he/

Do you lie worrying this person? about awake

Are you cancelling your social functions with vague excuses?

things better and nothing helps? trying to make Do you keep

> Are you asking yourself, "What's wrong?" and "Is it my fault?"



Nar-Anon World Services 23110 Crenshaw Blvd. Suite A Torrance CA 90505 800-477-6291 www.nar-anon.org

(Excerpts from P-105)

 _
Z
 ar
 >
no
)
유
 <u>e</u>
Nar-Anon Offers Hope
4
 pe
 \$
٤
 www.nar-anon
 a
<u>a</u>
 <u>o</u>
1.0
.org