

## **Submitting Articles to *The Serenity Connection* Newsletter**

*The Serenity Connection* is the voice of the Nar-Anon Fellowship. The committee encourages members and groups from around the world to submit personal stories of recovery, upcoming events, and fellowship related news.

### **Copyright Release Forms**

Each submission must be accompanied by a signed copyright release form before it can be published.

### **Anonymity**

All writings will be published anonymously, unless the author gives permission to use their first name and last initial. In keeping with our tradition of anonymity, submissions that reflect the personal recovery of anyone other than the writer will be edited or omitted.

### **Editing**

All submissions will go through a review and editing process. The committee will look for submissions that reflect the writer's personal experience, strength, and hope as a result of working the Nar-Anon program. Any references to outside enterprises not consistent with Nar-Anon's Twelve Steps, Traditions, Concepts or spiritual principles may be edited or omitted. For clarification purposes, word substitutions may be used.

All submissions must be the original work of the writer. Quotations from sources outside Nar-Anon may not be used. All references or quotes from conference approved literature should be identified.

The committee will do its best to keep the writer's intention intact. Submissions will be edited to improve comprehension by correcting grammar, sentence structure, spelling, and punctuation. If a writer specifically requests that a submission not be edited, the submission will be used only at the discretion of the committee.

### **Helpful hints for writers**

- Be clear and to the point.
- Share from the "I" perspective.
- Try to focus on your own personal recovery rather than the addict.
- Try to keep articles to three or four paragraphs, or fewer than 500 words. Longer submissions may lose the readers' interest.
- Put yourself in the readers' shoes.
- Remember: Quotes from outside sources may not be used.

### **Topic ideas for submissions**

- Announcements
- Recovery Poems
- Step workshop announcements
- Convention announcements
- New meetings
- Personal stories of recovery
- Excerpts from current literature
- Slogan shares
- Step, Tradition and Concept shares
- Recovery Month outreach announcements
- How service has helped my recovery
- Reports on Nar-Anon-